

*Don't wait for chronic disease to sneak up on you...
Take preventative measures by scheduling a health screening with your Hy-Vee Dietitian.*

HyVee®

“Know Your Numbers” HEALTH SCREENING

*A complete biometric health screening takes only about 20 minutes.
Fasting 9 to 12 hours prior to your appointment is required.*



Earn a **25¢ Fuel Saver**

when purchasing your
Biometric Health Screening
(\$45, non-refundable)

Monday, July 20– Saturday, August 1 from 7:00 a.m.-Noon

Call (913)438-8308 or email LCates@hy-vee.com to sign up for
your appointment at least 24 hours in advance. (Excludes 7/26)



**A “Know Your Numbers”
Biometric Health Screening
includes the following measurements
with a complete explanation of the results:**

*Total cholesterol, LDL cholesterol, HDL cholesterol,
total-cholesterol-to-HDL ratio, triglycerides,
serum glucose, heart rate, blood pressure,
hip & waist circumference, body fat
percentage, height, weight
& body mass index.*

HyVee
LIQUOR • GROCERIES • GENERAL MERCHANDISE

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